

Penetanguishene Age Friendly Plan

Age-friendly communities support older people to age with dignity, respect and independence, and promote the inclusion of older adults in all areas of community life.

Importantly, age-friendly communities are designed to address the needs of all residents.

The World Health Organization identified **eight key areas of community life** in which communities can become more age-friendly:



- **Outdoor spaces and public buildings** are pleasant, clean, secure and physically accessible.



- Public **transportation** is accessible and affordable, a variety of transportation options are available, and transportation-related infrastructure is designed with older adults in mind.



- **Housing** is affordable, appropriately located, well built, well designed and secure.



- Opportunities exist for **social participation** in leisure, social, cultural and spiritual activities with people of all ages and cultures.



- Older people are treated with **respect** and are **included in community life**.



- There are opportunities for **employment and civic participation** that cater to older persons' interests and abilities, and accessible workplaces are available.



- Age-friendly **communication and information** on programs and services is available in appropriate formats.



- **Community support and health services** are tailored to older persons' needs and are well promoted.